

Arcata Recreation Division
 Youth Basketball Program
 2019 Practice Schedule

Rec Staff

team # name div.

Court 1A

Team A

	Monday	Tuesday	Wednesday	Thursday	Friday
3:00		#1 1/2 B Brown		#45 7/8 G Neyra	
4:00	#2 1/2B Torres	#25 3/4 B Steinkamp	#39 5/6G Knox	#9 1/2 B Felsenthal	#44 7/8 B Shapiro
5:00	#35 5/6B Zinselmeir	# 5 1/2 B Saulque	#24 3/4 B Figas	#16 1/2 G Bowen	#7 1/2 B Parrott
6:00	# 29 3/4G Pimentel	#32 3/4 G Saulque	#28 3/4 G Figas	#47 7/8 G McLaughlin	#27 3/4 G Graney
7:00		#55 9/12B Mazzotti	#18 3/4 B George	#48 7/8 G Roth	#52 9/12 B Thomas
3:00				#26 3/4B Hart	
4:00	#43 7/8 B Vega	#19 3/4 B Mitchell	#8 1/2 B Foster	# 26 3/4B Hart	#6 1/2B Jones
5:00	#34 5/6 B Sehon	#14 1/2 G Mitchell	#22 3/4 B Burtchett	#38 5/6 G Hart	#11 1/2 G Berreth
6:00	#42 5/6G Cavinta	# 3 1/2B Freeman	#36 5/6 B Ahearn	#21 3/4 B Berreth	#23 3/4B Adams
7:00			# 56 9/12 Richards	#37 5/6G Bjorkstedt	
3:00	# 15 1/2G White	#20 3/4B Creighton			
4:00	#41 5/6 G White	#46 7/8 G McKnight	#4 1/2 B Goodman	#53 9/12B Rodelander	#31 3/4G Fitzhugh
5:00	#13 1/2 G Gildea	#12 1/2 G Shanahan	#10 1/2 B Kinziger	#30 3/4 G Stevens	
6:00	#33 5/6B Costa	#17 3/4 B Conley	# 51 9/12Thrift	#40 5/6 G Allen	#49 9/12 B Thompson
7:00	#50 9/12 Gildea		#54 9/12 Raymond		

Court 1B

Team B

Court 2

Team C

Practice Rotation Chart

	Weeks 1, 4, 7, 10			Weeks 2, 5, 8			weeks 3, 6, 9		
	1/2 Ct.	1/2Ct.	Full	1/2 Ct.	1/2Ct.	Full	1/2 Ct.	1/2Ct.	Full
1st 20minutes	A	B	C	B	C	A	C	A	B
2nd 20minutes	C	A	B	A	B	C	B	C	A
3rd 20minutes	B	C	A	C	A	B	A	B	C